

Discover our new menu with great dishes to fuel up and get active

W/C: 17.04.23 / 08.05.23 / 05.06.23 / 26.06.23 / 17.07.23 / 18.09.23 / 09.10.23 Week 1

OPTION 1

Monday Hot Dog *

Tuesday Chicken Curry 🛍

Wednesday

Roast Beef with Yorkshire Pudding 😘 🕅 🖟 & Gravy

Thursday Scone Dough Cheese & Tomato Pizza 😯 🦎 🛱

> Friday **Breaded Fish Fillet** → ₩ □ Ø

OPTION 2

Monday Veggie Hot Dog 🏵 🦮

Tuesday

Vegetable Curry 🗘 🛍

Wednesday

Veggie Toad in the Hole **W** ***

Thursday

Veggie Tacos 🏵 🦮 🤻

Friday

Quorn Dippers 🏵 💥

PASTA OPTION

Monday Italian Pasta Bowl 😯 🦄 🚹

Tuesday

Neapolitan Pasta Bowl

W

Wednesday

Popeye Pasta Bowl W MA

Thursday

Macaroni Cheese

♥ ★ □

Friday

Tomato Ragu Pasta Bowl W ME

DESSERT

Monday

Cookie 📉

Tuesday Chocolate Cracknel **

Wednesday Fresh Fruit with Bitesize Flapjack **Thursday**

Ice Cream d with

Peaches 🍏

Friday

Chocolate Orange Muffin 😘 🦎

Week 2 W/C: 24.04.23 / *15.05.23 / 12.06.23 / 03.07.23 / 04.09.23 / 25.09.23 / 16.10.23

OPTION 1

Monday

Veggie Sausage Roll 🍄 🦮

Tuesday **Sweet Chilli Chicken**

Wednesday

Roast Pork with Stuffing * & Gravy

Thursday Organic Beef Meatballs 🦎

in a Tomato sauce

Friday

Fish Fingers 👄 🗮 🥟

OPTION 2

Monday

Savoury Mince 🏵 🤻

Tuesday

Sticky Noodles 👽 😘 🤻

Wednesday

Cheese & Broccoli Bake

♥ ₩ 🚾 🚐

Thursday

Vegan Meatballs 💥 in Homemade

Tomato Sauce 🏵

Friday Brunch Pattie 👽 😭 🦮 🛍

PASTA OPTION

Monday

Neapolitan Pasta Bowl

W

Tuesday Tomato Ragu Pasta Bowl

W M

Wednesday Italian Pasta Bowl 😯 🔌 🖺 Thursday

Popeye Pasta Bowl 👽 🥍 🖆

Friday

Macaroni Cheese

♥ ₩ ♣ ■

DESSERT

Monday

Chocolate Cookie 🦮

Tuesday

Berry Muffin 🖼 🦮

Wednesday Strawberry Mousse Thursday

Fresh Fruit with Bitesize

Cereal Bar 💥 🍅

Friday

Fruit Crumble 🔌

& Custard

Week 3 W/C: *01.05.23 / 22.05.23 / *19.06.23 / *10.07.23 / 11.09.23 / *02.10.23

OPTION 1

Monday

Organic Beef Burger 🔌 in a Bun 💥

Tuesday

Margherita Pizza 😗 🦎 🛍

Wednesday

Roast Gammon with Gravy

Thursday **Cowboy Mince**

Friday Fish Fingers 🕳 🦎 🥟

OPTION 2

Monday

Tuesday

Vegan Chilli with Rice 🏵

Roast Quorn Fillet ‰ with Gravy 👽

Thursday Cheesy Bean Enchilada 👽 🦮 🛍

Friday

Veggie Burger 💥 in a Bun 🏵 🦮

Wednesday

Vegetable Fingers 🏵 💥

Monday

Popeye Pasta Bowl 🛇 🥍 🖆

Tuesday

Italian Pasta Bowl 😯 🦮 🖪

Wednesday

Macaroni Cheese

Thursday **Neapolitan Pasta Bowl**

W ME

Friday

Tomato Ragu

Pasta Bowl 👽 🦮 🖪

DESSERT

PASTA OPTION

Monday Shortbread Slice

Tuesday Fresh Fruit with Bitesize Lemon Cake 😭 🗮 🍏

> Wednesday Fruit Jelly 🐧

Thursday

Chocolate Crunch 😭 💥

Friday

Rhubarb Cake 😭 🦄

Side dishes (potatoes, rice etc), bread & seasonal vegetables or salad served with every meal Daily - yoghurt & fresh fruit • All desserts are suitable for vegetarians Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org





