

DAS Y3/4 Cycle A Spring 2

Why do some people think that life is a journey? What significant experiences mark this?



milestone	Important events in life that many people go through like changing school, moving house and getting married.
Bar/Bat Mitzvah	A Jewish ceremony marking a child becoming responsible for their actions. Bar – male/Bat – female.
ritual	A set of actions done in the same way.
reincarnation	A belief that a person's soul or spirit returns after death in a new body.
Upanayana	A Hindu ceremony sometimes called 'sacred thread'.
moksha	Hindu beliefs about breaking free from the cycle of life and rebirth.
karma	The belief that a person's actions influence their future.
samsara	The Hindu cycle of birth, death and rebirth.

Bar or Bat Mitzvah

Bar/Bat Mitzvah often take place when a Jewish boy or girl is 13 or 12 year old. At the ceremony they may recite part of the Torah, thank their parents and say something they have learnt from the Torah. Prayers and blessing may be said.



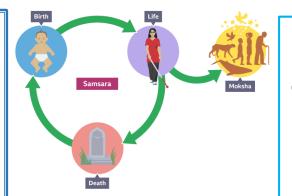
There is sometimes a party afterwards.



'Life is a journey' is a metaphor. It is used because life has a start and an end like a journey with decisions along the way.

Hindu beliefs

Many Hindus belief that life is a repeating cycle of birth, life and rebirth or reincarnation, called samsara. Some Hindus believe that their actions in life will affect their reincarnation. Moksha is breaking free from the cycle and being one with Brahman (God)



Upanayana

Some Hindu boys take this ceremony as a sign of beginning a religious life. It includes blessings, prayers and hymns. Duty to God, guru and family are symbolised with a three strand thread.