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## Edale 2023 Kit list

## In a small rucksack

- ☑ Refillable water bottle.
- ☑ Inhaler (if needed). Any other medication must be handed straight to class teacher.
- ☑ Packed lunch for the first day in a disposable bag. Please remember no nuts/no traces of nuts!

NO mobile phones, tablets or other electronic games.

## In a larger rucksack or holdall which you can carry

- ☑ Warm, waterproof coat with a hood, suitable for outdoor games, (waterproof trousers and walking boots are provided by the centre if necessary).
- ☑ Trainers suitable for outdoor (possibly muddy) activities.
- ☑ Indoor shoes such as PE pumps, clean trainers or similar (not slippers).
- ✓ Woolly or sun hat depending on the weather as it could be either really chilly or very warm!
- ☑ Ankle socks not trainer socks.
- ☑ Enough comfortable clothes for the stay, allowing for 2 extra outfits in case of mud/rain! Things like jeans, joggers, leggings, long sleeved tops, sweatshirts, fleeces, PJs.
- $\ensuremath{\square}$  Towel and toiletries including sun cream.
- ☑ Plastics bag for muddy clothes/shoes.
- ✓ Anything you need to sleep with like teddy or book!!!

NO sweets, chocolate, drinks.

PLEASE ENSURE YOUR CHILD'S NAME IS ON EVERYTHING!