



Healthy Me

Smoking Quiz Questions - Ages 9-10 - Piece 1

Our Team Name: 			
<i>Circle the answer you think is correct.</i>			
1	How many people in the world are estimated to die from smoking-related illnesses each year?		
	A. 500,000	B. 1 million	C. 3 million
	D. 5 million		
2	How many people in the world are estimated to die each year from breathing in second-hand smoke (passive smoking)?		
	A. 9,000	B. 90,000	C. 900,000
	D. 9 million		
3	True or false: Low tar cigarettes don't cause that much health damage		
	A. True		B. False
4	What makes smoking addictive?		
	A. Taste	B. Nicotine	C. Tar
	D. Wanting to look cool		
5	Which of these chemicals does the average ashtray contain?		
	A. Arsenic	B. Nicotine	C. Ammonia
	D. All of these		
6	Which group smokes more: boys or girls?		
	A. Girls		B. Boys
7	Which of these facts about E-cigarettes/ vaping are true?		
	A. Vaping contains fewer chemicals than tobacco	B. Vaping can still cause the body damage	C. Vaping is still addictive
	D. All of these		
8	True or false: Smoking only damages your health if you have been smoking for years		
	A. True		B. False
9	Is the number of people who smoke, rising, falling or staying roughly the same each year?		
	A. Rising	B. Staying the same	C. Falling
10	If we all know the dangers of cigarette smoking, why do young people start to smoke?		
	A. Because their parents smoke	B. Because they think it will help them stay slim	C. Because their friends smoke
	D. Because they think they might try it and can easily give up when they want to		



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1	How many people in the world are estimated to die from smoking-related illnesses each year?			
A. 500,000		B. 1 million	C. 3 million	D. 5 million The World Health Organisation estimate that 5 million smokers die each year as a result of smoking-related illnesses. That is equivalent to one person dying every 6 seconds.
2	How many people in the world are estimated to die each year from breathing in second-hand smoke (passive smoking)?			
A. 9,000		B. 90,000	C. 900,000 The World Health Organisation estimate that 900,000 people each year develop fatal illnesses because of second-hand smoke.	D. 9 million
3	True or false: Low tar cigarettes don't cause that much health damage			
A. True		B. False. They have less tar, but they can still cause health damage, especially if people smoke a lot over a long period of time.		
4	What makes smoking addictive?			
A. Taste		B. Nicotine. This is a powerful stimulant addictive drug. Smoking immediately affects the heart by speeding up the heart rate and increasing blood pressure.	C. Tar	D. Wanting to look cool
5	Which of these chemicals does the average ashtray contain?			
A. Arsenic		B. Nicotine	C. Ammonia	D. All of these. Tobacco contains over 4000 chemicals many of which are harmful.
6	Which group smokes more: boys or girls?			
A. Girls. It used to be boys, but now more girls smoke; why do you think this is?		B. Boys		
7	Which of these facts about E-cigarettes/ vaping are true?			
A. Vaping contains fewer chemicals than tobacco		B. Vaping can still cause the body damage	C. Vaping is still addictive	D. All of these Health professionals and scientists are still investigating whether vaping causes long-term health problems. There is some evidence that vaping can lead people towards taking up smoking cigarettes and some to try illegal drugs.
8	True or false: Smoking only damages your health if you have been smoking for years			
A. True.		B. False Shortness of breath, more coughs and colds, etc. occurs in young smokers who have not been smoking for very long		
9	Is the number of people who smoke, rising, falling or staying roughly the same each year?			
A. Rising		B. Staying the same	C. Falling Smoking is less popular in the adult population than it used to be. This is because people know about the health risks, the rising costs, and laws in some countries that make smoking anti-social and banned from being advertised.	
10	If we all know the dangers of cigarette smoking, why do young people start to smoke?			
A. Because their parents smoke		B. Because they think it will help them stay slim	C. Because their friends smoke	D. Because they think they might try it and can easily give up when they want to
There is obviously no correct answer for this. Pupils could either rank these or add some of their own answers or choose the answer that they think is most 'correct'.				